C:\Users\coten1\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\QPGBHMI6\MC900416052[1].wmfLEARNING & EVALUATION SITUATION

SECONDARY CYCLE 2

HOW TO BE THE PERFECT WIFE

STUDENT BOOKLET

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Give five other examples of a perfect mate**

**TAKE TIME TO READ THE TEXT**

**INDIVIDUALLY**

**Read the text ‘How to be the perfect wife’**.

How to be the Perfect Wife.  
This was taken from Helen B. Andelin's *Fascinating Womanhood*, published by Pacific Press in 1965. Helen B. Andelin taught a class about how to have a successful marriage and hosted a highly visited website up until her death in June 2007. Although she is considered by many women as the savior of their marriage, many others believe she is an an-feminist and contributed in making the situation worse for many women.

**Match the subtitles with the appropriate paragraph**

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Plan your tasks with an eye on the clock. Finish or interrupt them an hour before he is expected. Your anguished cry, "Are you home already?" is not exactly a warm welcome.

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Plan ahead, even the night before to have a delicious meal, on time. This is a way of letting him know that you have been thinking about him and are concerned about his needs. Most men are hungry when they come home and the prospects of a good meal are part of the warm welcome needed.

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Take 15 minutes to rest so you will be refreshed when he arrives. This will also make you happy to see him instead of too tired to care. Turn off the worry and be glad to be alive and grateful for the man who is going to walk in. While you are resting you can be thinking about your Fascinating Womanhood assignment and all you can do to make him happy and give his spirits a lift. When you arise, take care of your appearance. Touch up your makeup, put a ribbon in your hair and be fresh looking. He has just been with a lot of work-weary people. Be a little gay and a little more interesting. His boring day may need a lift.

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Make one last trip through the main part of the house just before

your husband arrives, gathering up school books, toys, paper, etc. in

a bucket or wastebasket and put them in the back bedroom for

sorting later. Then run a dustcloth over the tables. Your husband

will feel he has reached a haven of rest and order and it will give

you a lift too. Having the house in order is another way of letting

him know that you care and have planned for this homecoming.

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Take just a few minutes to wash the children's hands and faces (if they are small) comb their hair, and if necessary change their clothes. They are little treasures and he would like to see them look the part.

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Especially give heed to this if your husband has to join rush hour traffic. At the time of his arrival eliminate noise of washer, dryer, dishwasher or vacuum. Try to encourage the children to be quiet at the time of their father's arrival. Let them be a little noisy beforehand to get it out of their system.

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Greet him with a warm smile and act glad to see him. Tell him that it is good to have him home. This may make his day worthwhile. If there is any romance left in you, he needs it now.

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* + - Don't greet him with problems and complaints. Solve the problems you can before he gets home and save those you must discuss with him until later in the evening.
    - Also, don't complain if he is late for dinner. Count this as a minor problem when compared with what he might have gone through that day.
    - Don't allow the children to rush at him with problems or requests. Allow them to briefly greet their father but save demands for later.

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Have him lean back into a comfortable chair or suggest he lie down in the bedroom. Have a cool or warm drink ready for him. Arrange his pillow and offer to massage his neck and shoulders and take off his shoes. Don't insist on this however. Turn on music if it is one of his pleasures. Speak in a soft, soothing, pleasant voice. Allow him to relax - to unwind.

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You may have a dozen things to tell him, but the moment of his arrival is not the time. Let him talk first, then he will be a more responsive listener later.

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Never complain if he does not take you out to dinner or to other places of entertainment. Instead, try to understand his world of strain and pressure, his need to be home and to relax. If he is cross or irritable, never fight back. Again, try to understand his world of strain.

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Try to make your home a place of peace and order where your husband can renew himself in body and spirit. Then add to this the application of all the principles of Fascinating Womanhood and your husband *will want to come home*. He will rather be with you than with anyone else in the world and will spend whatever time he can possibly spare with you. Try living all of these rules for his homecoming and see what happens. This is the way to bring a man home to your side, not by pressure, persuasion or moral obligation.

**Write a text about how to be the perfect mate today.**

**Task requirements**

1. **Use the same format as the text ‘’How to be the perfect wife?”**

* **Write at least six paragraphs including a subtitle for each.**

1. **Use the imperative form**

* **In the subtitles**
* **In the paragraphs**

1. **Include one word or expression from the previous activities in each paragraph**

WRITE A 200 WORD TEXT

DRAFT COPY

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FINAL TEXT

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